

Hassle-Free and as easy as
1... 2... 3...

1



Visit our website or
call to place
your order

We process
your order

2



3



You receive your
supplies by mail

This information is available for free in other languages. Please contact our customer service number at 1-866-245-5360. TTY/TDD: 1-800-955-8771.

Esta información está disponible gratuitamente en otros idiomas. Por favor llame al departamento de servicio de miembros al 1-866-245-5360, TTY/TDD: 1-800-955-8771 para mas información.

Select from the items listed herein and log on to:

www.youroptimumhealthcare.com or call:

1-866-900-2688, TTY/TDD 1-800-955-8771

Dates	Days	Times
October 1, 2012 to February 14, 2013	7 days a week	8 a.m. to 8 p.m.
February 15, 2013 to September 30, 2013	Monday through Friday	8 a.m. to 8 p.m.
October 1, 2013 to December 31, 2013	7 days a week	8 a.m. to 8 p.m.

Optimum Healthcare is a Coordinated Care plan with a Medicare Advantage contract and a contract with the Florida Medicaid program.

The Hassle-Free and easy way
to get Over-the-Counter Health
related supplies

Receive from
\$15 to \$50
every month*

in Over-the-Counter Drugs & Supplies
based on plan selection and county.

That's a savings between
\$180 and \$600

over the course of a year!**

And Optimum HealthCare takes
the hassle out of ordering!

Check your Summary of Benefits for details.



OPTIMUM
HealthCare, Inc.



The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, co-payments and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change on January 1 of each year.
*Amount varies by plan and county. Limitations and restrictions may apply.
**Based on a 12 month enrollment.

OPT130TC



OPTIMUM
HealthCare, Inc.

OTC Benefits

**AT NO
COST TO YOU!**

Receive from

\$15 to \$50

every month*

in Over-the-Counter Drugs & Supplies
based on plan selection and county.



*Amount varies by plan and county.
Limitations and restrictions may apply.
H5594_OTCbrochure2013_CMS Accepted

2013

Item Brand	Generic Comparable	Qty.	Price
(1) Allergies			
1A	Chlortrimeton	Chlorpheniramine Maleate 4mg	24 \$4
1B	Benadryl Elixir	Diphenhydramine HCl 12.5mg	118ml \$3
1C	Benadryl Caps	Diphenhydramine HCl 25mg	24 \$3
1D	Ayr Nasal	Deep Sea Nasal Spray Saline 0.65%	44ml \$3
(2) Analgesics			
2A	Tylenol Ex 500mg	Acetaminophen Tablets 500mg	100 \$4
2B	Bayer Aspirin	Aspirin 325mg	100 \$3
2C	Zostrix	Trixaicin Crm 0.025% (casaicin)	60g \$9
2D	Sleep-Aid	Sleep-Tabs 25mg	24 \$4
2E	Advil	Ibuprofen 200mg FC Tab	24 \$3
2F	Ben Gay	Muscle Rub 35g	35g \$3
2G	Aleve	Naproxen Sodium 220mg CPL	50 \$7
2H	Aspirin Low Dose 81mg	Aspirin EC (delayed reased) 81mg	120 \$3
2I	Tylenol PM	Acetamin 500mg & Diphenhydramine	50 \$5
2J	Aspirin Low Dose Chewable	Aspirin Low Dose 81mg Chewable	36 \$3
2K	Icy Hot Patch	Cold and Hot Patch	5 \$8
2L	Excedrin	Headache Aspirin/Acetaminophen/Caffeine	100 \$7
(3) Antacids			
3A	Tums-Ex	Calcium Carbonate Chewable Antacid	96 \$5
3B	Mylicon-Adults	Acid Gas Relief Tablets	100 \$5
3C	Zantac 75	Ranitidine Tablets 75mg	30 \$9
3D	Alka Seltzer	Effervescent Pain Relief	12 \$6
(4) Anti-Diarrheals			
4A	Imodium	Loperamide 2mg	12 \$6
4B	Pepto Bismol	Pink Bismuth Tablets (Chewable)	30 \$5
(5) Anti-Hemorrhoidals			
5A	Anusol	Hydrocortisone Ointment USP 1%	28g \$6
5B	Preparation H	Prompt Relief Hem Ointment	57g \$7
5C	Preparation H Suppositories	Hemorrhoidal Suppositories	12 \$13
(6) Cough/Cold			
6A	Robitussin Sugar Free Dm	Sugar Free Cough Syrup	118ml \$5
6B	Vicks	Medicated Chest Rub	100g \$6
6C	Mucinex Dm	Mucinex DM 600mg	20 \$20
6D	Afrin Nasal Spray	Nasal Spray	15ml \$3
6E	Cough Drops	Cough Drops, Cherry or Honeylemon	30 \$3
6F	Robitussin Dm	Q-Tussin DM	118ml \$3
6G	Sudafed PE Tablets	Nasal Decongestant PE Max Strength	36 \$5
6H	Sinus Congestion & Pain	Sinus-Acetaminophen/Phenylphrine HCl	24 \$5
6I	Chloraseptic	Sore Throat Spray	180ml \$5

Item Brand	Generic Comparable	Qty.	Price
6J	Chloraseptic Lozenges	Sore Throat Lozenges Menthol	18 \$4
6K	Sugar Free Cough Drops	Sugar Free Cough Drops	25 \$4
6L	Mucus Relief	Expectorant-Guaifenesin 400mg	30 \$7
6M	Cepacol	Cepacol	16 \$5
(7) Eye Care			
7A	Collyrium Eye Wash	Eye Wash	118ml \$4
7B	Visine	Eye Drops Irritation Relief	15ml \$3
7C	Moisture Eyes	Artificial Tears	15ml \$7
7D	Isopto Tears	Liquid Tear Eye drops	15ml \$4
7E	Zaditor	Eye-Itch Relief Antihistamine	5ml \$15
(8) First Aid Creams & Ointments & Antiseptics			
8A	Benadryl Cream	Anti-Itch Cream	35g \$3
8B	Bacitracin	Bacitracin	14g \$6
8C	Lotrimin	Clotrimazole 1% Cream	28g \$7
8D	Cortizone	Hydrocortisone Cream	28g \$5
8E	Zinc Oxide	Zinc Oxide Ointment	28g \$8
8F	1st Degree Burn Cream	First Degree Burn Cream	21g \$10
8G	Micatin	Miconazole Nitrate 2% Cream	28g \$4
(9) First Aid Supplies			
9A	Ace Bandage 3"	Elastic Bandage w/clips 5yards	1 \$4
9B	Butterfly Closure	Butterfly Closures	10 \$2
9C	Cotton Balls	Cotton Balls	100 \$3
9D	Ice Bag	Ice Bag 9" (1 quart capacity)	1 \$9
9E	J&J Gauze	Gauze Rolls - Assorted sizes	3 \$3
9F	Sun Block	Sun Screen Lotion SPF 30	113g \$15
9G	Q-Tips	Cotton Swabs	300 \$5
(10) Laxatives			
10A	Colace	Docusate Sodium 100mg	100 \$5
10B	Fibercon	Fiber-Lax 500mg	60 \$9
10C	Miralax	Clear Lax Powder 4.1oz	119g \$11
10D	Fleet Enema	Enema-Saline Laxative	133ml \$2
10E	Milk of Magnesia	Milk of Magnesia	360ml \$5
(11) Miscellaneous Items			
11A	Sun Burn Gel	Sun Burn Gel	72ml \$9
11B	Blood Pressure Kit *	Manual Self Taking Blood Pressure kit	1 \$19
11C	Band Aid	Adhesive Bandages	50 \$3
11D	Digital Thermometer	Digital Thermometer	1 \$5
11E	Dramamine	Motion Sickness Tablets	12 \$4
11F	Pill Organizer	1 Day at a Time Medicine Organizer-Weekly	1 \$7
11G	DEX4 Glucose Tablets	Glucose Chewable Tablets	50 \$8

Item Brand	Generic Comparable	Qty.	Price
11H	Body Powder	Body Powder Medicated	1 \$6
11I	Eye Glass Wipes	Wipes and Lens Cleaner Pack	1 box \$3
(12) Topical Foot & Topical Oral			
12A	Callus Remover	Callus Remover	6 pads \$4
12B	Corn Remover	Corn Remover	9 pads \$4
12C	Callus Cushion	Callus Pad	6 pads \$3
12D	Corn Cushion	Corn Pad	9 pads \$3
12E	Plackers Dental Flossers	Dental Flossers	36 \$3
12F	Pill Splitter	Pill Splitter	1 \$5
12G	Polident	Denture Cleaners - 3 Minutes	40 \$7
12H	Toothpaste	Toothpaste	2.7oz \$4
12I	Toothbrush	Toothbrush	1 \$2
12J	Fixodent	Denture Adhesives ADH CRM Fresh	1.4oz \$5
(13) Vitamins & Minerals*			
13A	Fish Oil	Fish Oil	90 \$9
13B	Prosignt	Supplement For Eyes	60 \$6
13C	Allbee With C	B Complex With C	100 \$8
13D	Vitamin B	B Complex With B12	100 \$8
13E	Vitamin C	Vitamin C Chewable 500mg	100 \$8
13F	Centrum	Multivitamin & Mineral	60 \$6
13G	Folic Acid	Folic Acid 800mcg	100 \$5
13H	Glucosamine Chondroitin	Glucosamine Chondroitin	60 \$19
13I	Acidophilus	Acidophilus	100 \$5
13J	Vitamin E	Vitamin E 400 IU	100 \$8
13K	Vitamin D	Vitamin D 1000 IU	100 \$5
13L	Antioxidant Tablets	Antioxidant Tablets	50 \$7
13M	Selenium	Selenium 200mcg	60 \$7
13N	Timed Release Niacin	Timed Release Niacin 500mg	60 \$10
13O	Lactaid Tab	Digestive Supplement-Lactase Enzyme	50 \$9
(14) Smoking Cessation			
14A	Nicorette 2mg	Stop Smoking Gum-Nicotine Polacrilex Gum	50 \$20
14B	Nicorette 4mg	Stop Smoking Gum-Nicotine Polacrilex Gum	50 \$24
(15) Women's Health			
15A	Calcium Citrate & Vitamin D*	Calcium Citrate & Vitamin D	60 \$7
15B	Azo-Standard	Phenazopyndine 95mg	30 \$7
15C	One A Day Women's*	One A Day Women's Multivitamin	60 \$10
15D	Os-Cal*	Oyster Calcium + Vitamin D	100 \$4
15E	New Phase*	New Phase Menopausal Support	30 \$15
15F	Estroven*	Estroven Multi Vitamin Menopause Relief	30 \$18

*These items are considered dual purpose items. Prior to ordering these items, the enrollee must have an appropriate conversation with the enrollee's personal provider who orally recommends the OTC item for a specific diagnosable condition. OTC items may only be purchased for the enrollee; it is prohibited to purchase supplies for family members, and friends. The following supplies are not covered as they are non-eligible supplies: Alternative Medicines (Includes botanicals, herbals, probiotics, homeopathic, and nutraceuticals), baby supplies, contraceptives, convenience & comfort supplies (insoles, gloves, etc.), cosmetics, food products or supplements, replacement & attachments such as contact lens containers or batteries. To minimize mailing costs the plan may impose a limited ordering quantity per purchase. This list is subject to change. This benefit is only available if your plan offers the OTC service as a benefit. Orders will be shipped via UPS or USPS. Please allow 7-10 business days to receive your order from the time order is placed. Please consult with your doctor before using any OTC products. All OTC Supplies are generic comparable to the item brand and shipped based on manufacturer availability.